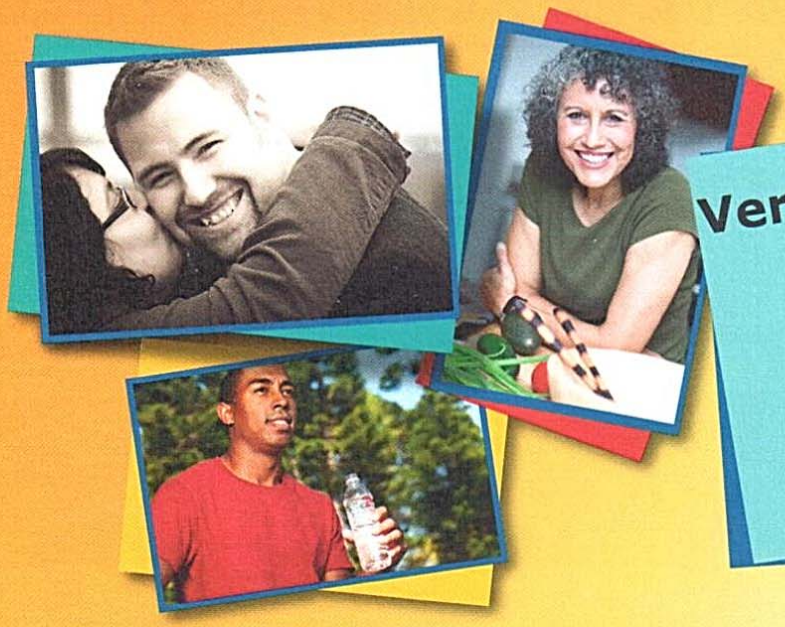

Verde Valley Medical Center is offering **FREE** health screenings at a location near you.

KNOW-YOUR-NUMBERS HEALTH SCREENING

NON-FASTING

Blood Pressure • Cholesterol • Diabetes

Thursday, Feb. 13
9 a.m. - 3 p.m.
Clarkdale Fire District
895 1st. South St.

Also, learn to perform life-saving, hands-only CPR.

Sponsored by Verde Valley Medical Center and Flagstaff Medical Center.
For more information or to learn about more times and locations, call 928-853-0879.

Verde Valley Medical Center
Northern Arizona Healthcare

diabetes together
A Northern Arizona Community Health Initiative

NAH Mktg. Jan. 2014